

Using the Power of the Group: An Experiential Training for Group Facilitators

Provided
by the
Northwest
ATTC

Workshop: September 15th & 22nd | 9am – 1pm (Mountain Time)

Consultation Groups: October 6th, October 20th, November 10th, and December 1st | 2-3pm (Mountain Time)

Workshop Description:

Do you wonder what else you could do as a group leader to build connections between members? Do you want to learn additional ways to understand the dynamics that are happening in your groups? Do you want some additional skills to use when a challenging situation comes up?

Then join us for this combination of didactic, small group discussion, and experiential group participation. In two half-day workshops, attendees will review core group concepts and learn ways to use this knowledge to enhance your group members' experiences. A unique opportunity for attendees is to participate in an experiential group during the training to gain first-hand experience of what it's like to be a member of a virtual group.

The workshop will be followed by four 1-hour group consultations in the following weeks to support attendees' application of key concepts as they return to leading their groups. Attendance at the half day workshop is required to participate in the subsequent group consultation sessions.

Learning Objectives:

Participants will be able to:

1. Identify and describe common challenges members experience and how they might manifest in group.
2. Describe stages of group development and identify leader tasks in each stage to foster positive group outcomes.
3. Identify leader interventions to foster cohesion in the group.
4. Increase understanding of the differences between working with the content vs the process of the group.
5. Learn methods to prepare members for successful group participation.

REGISTER HERE!

This workshop is free to attend

Certificates will be available upon completion of this virtual workshop

About the Presenters:

Dr. Leann Diederich is a licensed psychologist and a former board member of the Society of Group Psychology and Group Psychotherapy (Division 49 of the American Psychological Association). She has presented workshops on multicultural competence and co-leadership development at the American Group Psychotherapy Association annual meeting since 2013. She has chaired or served on multiple committees for Division 49 and is currently chair of the Foundation Committee. Since 2012 she has taught the Advance Group Therapy course for doctoral students in Counselor Education at Pennsylvania State University (PSU). From 2010 to 2014 she was the Group Therapy Coordinator at Counseling and Psychological Services at PSU and now is in full time private practice in State College, PA, where she runs a twice weekly interpersonal process group. Recent collaboration with the Northwest ATTC included facilitating Community of Practice discussion groups and collaborating in the development of the TIP Sheets.



Mitch Doig, CADC II, is a Technology Transfer Specialist at the Northwest Addiction Technology Transfer Center. He is a certified drug and alcohol counselor in the state of Oregon where he has been practicing group facilitation for over a decade. He provides training and consultation for a variety of practices and frameworks including Motivational Interviewing, Trauma Informed Care, clinical supervision, SUD systems of care, and Mental Health First Aid. Prior to coming to the Northwest ATTC, he served the community in various capacities encompassing organizational leadership, supervisory, and direct care roles across the adolescent and adult continuums of care.



Questions? Contact us at: northwest@attcnetwork.org <http://attcnetwork.org/northwest>



Northwest (HHS Region 10)

ATTC

Addiction Technology Transfer Center Network
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